

**Norsk Folkedans Stemne 1999
with Folkedanslaget Sølja
August 6, 7, and 8, 1999
Camp Brotherhood
Teaching demonstrations**

Songdansar / Songdances

Oppi Hallingdal / Up in Hallingdal
Hei, huskom i hei / Hey, remember me
Vise for gærne jinter / Song for foolish girls
Jonsoktid / St John's time

Barnedansar / Children's dances

Fjørhanaleken / The courting game (twice)
Hopp venen min / Jump friend of mine
Trøllgubben Lurvelegg / The old troll with hairy legs

Gammeldans / Old-time dance

Reinlender fra Østerdalen / Reinlender from Østerdalen

Turdansar og rekkedansar / Figure dances and longways dances

Fandango frå Austlandet / Fandango from the Eastland
Fandango frå Storelvdal / Fandango from Storelvdal
Firetur frå Stange / Four figure dance from Stange
Tridans frå Meråker, Sør-Trøndelag / Dance for three from Meråker in South Trøndelag (twice)

Sekskorsedansen frå Melvær, Sunnfjord / The six crisscross dance from Melvær in Sunnfjord

Tremansril frå Aure / Three person reel from Aure

Lev vel / Live well (short version)

The members of Folkedanslaget Sølja are:

Evy Bakkehaug and Jon Moen
Reidun Berg
Stein Bjørnsmoen, fiddler
Tor and Ella Fosnes
Anne Grete and Jørgen Fredheim
Alvhild Gjestvang and Jan Schröder
Kjell and Magnhild Gjevne
Erik Gudbrandsen
Kari Holenbakken
Vidar Iversen, *torader* and *trekkspil*
Paul Kværnhaug
Bente Kvile Buflod, fiddler and *gitar*
Ingrid Maurstad and Nils Slapgård
Bergljot Moe
Liv Moripen
Thorvald Sæhlie
Tor Sørum
Gerd Astrid Stenberg
Knut Åge Sveen

**Norsk Folkedans Stemne 1999
with Folkedanslaget Sølja
Performance
August 3, 1999
Leif Erikson Hall
2245 NW 57th
Seattle WA 98107**

Folkedanslaget Sølja was founded to stimulate interest in dances and music from the Hamar area on the shores of Lake Mjøsa in *Hedmark fylke* which shares a border with Sweden. *Hedmark* is north of Oslo and shares a border with Sweden. Hamar celebrates its 150th anniversary this year.

Langedans, long dance with Reinlender

Trolldans, Dance of the trolls

Oppi Hallingdal, Up in Hallingdal

Galopp med kjede, polka with a chain

Firetur fra Stange, Four figure dance from Stange

Stange is in the western part of Hedmark near Lake Mjøsa, Norway's largest lake. The *kommune* or township has about 18,000 people.

Fandango fra Storelvdal

Stor-Elvdal, the big river valley, is a township in the middle of the Østerdal valley along the Glåma river. This part of Hedmark is a mixture of mountains, woods and wilderness.

Bente Kvile Buflod sings and plays

Falkvord Lommannsson, a song about courting, a wedding, and stealing the bride in 13th century Norway (in other words a short Norwegian opera).

The musicians play some tunes: *Vals, reinlender, vals, Polka til Seattle Pols*, a *bygdedans* (country dance) from the Eastern part of Norway
Næsning på Hamarmart'n by Alf Prøysen

What happens at the fair when the people from Næs come to Hamar

Vise for gærne jinter by Alf Prøysen

A song for foolish girls who like strawberries, boys, and good memories

Tremansril fra Aure, a three person reel from Aure in Nordmøre

Tridans fra Meråker, Sør Trøndelag, dance for three from Meråker in South Trøndelag

Sekskorsedans, the six crisscross dance from Melvær in Sunnfjord

Presentation

Ril fra Dønna, reel from Dønna in Nordland

Fandango fra Austlandet, fandango from the Eastern part of Norway

Bente sings and plays

Pas d'espagne, a bit of Spain in Oslo

Reinlender med turer, reinlender with figures

Langedans

Encore

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PO Box 17099
Seattle WA 98127

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Sons of Norway Foundation
Skandia Music Foundation

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